

Information

Course Locations

Sept. 15, 2017 – East Hartford, CT

Hampton Inn & Suites – East Hartford
351 Pitkin Street
East Hartford, CT 06108
Phone: (860) 282-2500

Sept. 17, 2017 – Long Island, NY

Homewood Suites – Melville
1585 Round Swamp Road
Plainville, NY 11803
Phone: (516) 293-4663

Registration Fee

\$210 per person Early Bird
\$249 per person Regular

Call for Special Group Discounts

Please identify any special needs at least 5 days or more in advance.

Registration fees cover admission to the course, Dr. Betty Perkins-Carpenter's Book "How to Prevent Falls", Stretching in Bed Guide, and Continuing Education Certificate for 8 CEUs.

TO REGISTER:

You may register electronically using a credit card payment by going to FallPreventionTrainer.com/register-now/ or by calling (248) 562-7111

Cancellation Policy

Cancellation or refund requests will be accepted up to 72 hours before date of course. Refunds will reflect a \$25 cancellation/ administrative fee. After that date refunds will not be issued for any reason. All requests for cancellations should be emailed to info@FallPreventionTrainer.com.

Questions?

Contact Customer Service
Fall Prevention Training Services, LLC
26111 W. 14 Mile Road, Suite 105
Franklin, MI 48025
Phone: (248) 562-7111
Facsimile: (248) 209-1748
Email: info@FallPreventionTrainer.com

Fall Prevention Training Services, LLC
26111 W. 14 Mile Road, Suite 105
Franklin, MI 48025-1170



Fall Prevention Training Course

OTs and OTAs earn 8 CEUs

The Six-Step Balance System™

By Dr. Betty Perkins-Carpenter



September 15, 2017
Hartford/East Hartford, CT

September 17, 2017
Long Island, NY

Presented by
Fall Prevention Training Services, LLC

Plan now to join us for a course for Occupational Therapists and Assistants, Activity Professionals, and injury prevention advocates*.

Description

A unique, fun and successful approach to fall prevention! The Six-Step Balance System™ is a powerful program, designed to help individuals prevent falls by practicing a series of fun movements and exercises. Participants learn to discover the body's natural ability to balance, increase leg strength, improve mobility, flexibility and reduce the FEAR of falling.

* Course Limited to 20 Attendees

Presenter

Sharon Claye

Master Trainer, Six-Step Balance System™

President/Owner, Fall Prevention Training Services, LLC



Agenda

- 7:30 – 8:00 am Registration
- 8:00 – 9:00 am Program Overview
- 9:00 – 10:00 am Step One, Stretching in Bed
- 10:00 – 10:15 am Break
- 10:15 – 10:45 am Course Work (Interactive)
- 10:45 – 11:45 am Step Two, Balance Exercises
- 11:45 am – 12:15 pm Intro to Balance Beam
- 12:15 - 1:15 pm Lunch (On Your Own)
- 1:15 – 2:15 pm Step Three, Ball Handling Activities Course Work (Interactive)
- 2:15 – 2:30 pm Step Four, Walking While Talking on the Phone
- 2:30 – 3:00 pm Step Five, Ten Martini Slump
- 3:00 – 3:30 pm Course Work (Interactive)
- 3:30 – 3:45 pm Break
- 3:45 – 4:00 pm Step Six, Dancing with a Pillow
- 4:00 – 5:00 pm Practical Application/Problem Solving Course Work (Interactive)
- 5:00 – 5:30 pm Final Q&As

Course Objectives

Upon completion of this course, participants will be able to:

1. Describe the Six-Step Balance System™, along with the science behind each step;
2. Teach patients how to discover the body's natural ability to balance;
3. Teach patients exercises and strategies to increase their leg strength, improve mobility and reduce the fear of falling; and
4. Describe fall prevention tips and strategies for safety in their environment.

Contact Us

Fall Prevention Training Services, LLC

Telephone: (844) 2-STOP FALLS or
(844) 278-6732

Facsimile: (248) 209-1748

Email: info@FallPreventionTrainer.com

Website: FallPreventionTrainer.com

Facebook: [Fall Prevention Training Services](https://www.facebook.com/FallPreventionTrainingServices)



NEW YORK: The New York State Occupational Therapy Association (NYSOTA) has approved this course for 8 CCHs.

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